



Nandini Bhoi
Student,
Sonapur District

My school was closed during the pandemic and I had no access to school education. But thanks to B.E.T., their Vedic school supported my formal education and also taught me meditation and Bhagwad Geeta. Now I remember my chapters easily and never forget. I have learnt many chapters of Geeta by heart and I like its stories. I like my teacher. I tell my mother

Geeta stories. I like coming here every day and find my class very interesting.



Sathi M. Perum
Student,
Sathu Wilam

My son's name is Sujit. I was not financially able to send him to private coaching/tuitions for better understanding of the school syllabus for better results. But after joining Vedic life school, he has become a conscious reader. His self-understanding has improved

due to Meditation sessions held in BET. He's now more focused and concentrated to his studies. Now he doesn't require any tuitions. I express my gratitude to the B.E.T. family for giving good education and good values to my son.



Achutananda Purohit
Teacher, Sonapur District

I got an opportunity to work for B.E.T. when all the schools were shut due to the pandemic. I visited many villages to spread the awareness among parents of school going children about the initiative to enhance their lives and educate the children at no extra cost. Almost all the

parents / guardians and even children were happy about the program and children gladly enrolled. Today the children

are very happy with everything that is being taught and the parents are highly impressed with the program. I am thankful to the B.E.T. family for introducing such an impactful program.

Founder and Visionary



Mata Brahmanandamayee, a poorna sanyasi, earlier known as Dr. Kumuda Reddy, had been a physician by profession. She practiced Medicine for 35 years in the United States and spent 10 years of Sadhana in the Himalayas & Tirumala to be enlightened. She is dedicated to help create Vedic Bio-villages in India and bring Enlightenment to all. She has been an author of several books and written on various subjects like Ayurveda, Upanishads, Ramayana, children's stories etc. She has created Vedic life schools for enhancement of rural children and dedicated to creating Vedic Bio-villages in India to bring happiness, abundance, health and enlightenment to all.

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HOW CONSCIOUSNESS BASED EDUCATION IS TRANSFORMING RURAL INDIA



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RURAL EDUCATION IN INDIA NEEDS AN OVERHAUL

The recent Annual State of Education Report (ASER) reveals that our schools saw high dropout rates and declining enrolment rates even before the COVID-19 pandemic.

These rates are far higher in villages and economically challenged urban areas.

According to the ASER, 50% of Class 5 students and 25% of Class 8 students in government schools cannot read text of Class 2 level.

Even if they go to school, they don't learn enough and are barely employable.

As 70% of our population is in rural areas, emphasising on rural education is critical to improving the economic and social well-being of the entire nation.

"No other stress management technique has anywhere close to TM's hard data in support of its claims to reduce stress"

– Dr. Norman Rosenthal,
US National Institute of Mental Health

Poverty, illiteracy among parents and other social conditions have not been conducive for these children's education and overall development.

Teacher absenteeism and indifference, lack of role models, inability to keep up with the syllabus, poor school infrastructure and bad sanitation facilities add to the problem.

Dr. Janardan Reddy

WHAT WE ARE DOING TO HELP THESE CHILDREN

We conduct after-school Enrichment and Empowerment programs for children between the ages of 5 and 14 years. We are already present in over 70 villages and growing rapidly.

We ensure that the students maintain interest, participation and attendance in their school by working hand-in-hand with their parents and school teachers.

First 1 hour 15 minutes of class - Empowerment comes from consciousness-based education, Transcendental Meditation (TM), lessons on ethics, values, morals and behaviour, Bhagavad Gita chanting, Pranayama, Yoga, Sanskrit and Vedic Math.

Next 1 hour 30 minutes - Enrichment is provided to supplement their regular school education in all subjects

- through tuitions, extra attention, help with homework and periodic assessments. The students get to clear all their doubts and fully understand concepts.

Each class consists of a maximum of 30 children with 1 or 2 teachers depending on the capabilities of the teacher and the needs of the children.

EMPOWERMENT
ENRICHMENT

HOW VEDIC TECHNOLOGY BALANCES A CHILD'S DEVELOPMENT

Today, children everywhere are facing a lot of stress.

Enlivening their consciousness through TM ensures that they get better at handling stress, unleash their full potential with more creativity and better academic performance and have better relationships with their parents, teachers and others.

TM allows your body to settle into a state of profound rest and relaxation and your mind to achieve inner peace and alertness.

It is no surprise that the children from our schools always come across as happy, confident and well-rounded.

We create a new generation of intelligent, creative, self-sufficient (Atma Nirbhar), conscientious (Dharmik) and confident children.

We believe that we can transform villages and poor urban communities, one child at a time.

KEY TM BENEFITS (SCIENTIFICALLY PROVEN)

